



# September 2008



Aurora Public Schools Child Development Center  
1420 Laredo Street, Aurora, CO 80011  
303-364-9371  
Office Hours Mon - Fri 8:00 am to 4:00 pm

## CDC Cubs News

### CDC CUBS

### Ready for School? Tips for Parents to help Readiness

1. Read to your child and encourage them to make up their own stories. Go to the library and show reading is fun by letting your child see you enjoying reading.
2. Point out street signs, food labels, and other places that have letters.
3. Count objects during the day: spoons, forks, plates at meals, toys during play, etc.
4. Discuss colors and shapes.
5. Talk with your child during the day to enhance language skills.
6. Help them increase memory skills through little games such as lining up four objects and hiding one. Have them guess which is missing.
7. Show you value their work by putting it in a prominent place.



### Cub Dates

#### September 2008

September 1 - Labor day - school will not be in session

September 11 - Family day (last hour of class). See your child's teacher for more information or questions.

September 17 - Parent Coffee at CDC (Health & Wellness). More information to come.

September 18 - Town Hall Meeting at Gateway High School (doors open at 4:30pm) Hispanic Scholarship Fund 6:30-8:30pm

September 22 - Oct 1 - Attendance Window, all students must be present every day!

#### October 2008

October 9 - Family day (last hour of class) see your child's teacher for more information or questions

October 16 - Workshop for parents (more information to come)

October 27-31 - FALL BREAK, we return on Monday November 3rd

### Strawberry-topped waffles with sweet and creamy sauce



#### Ingredients:

- 3 oz. reduced fat cream cheese
- ¼ cup fat free half and half
- 3 packets sugar substitute
- ¼ tsp vanilla
- 4 frozen waffles
- 1 1/3 cup sliced fresh strawberries

1. Combine cream cheese, half-and-half, sugar substitute and vanilla in blender; blend until smooth.

2. Toast waffles, Spoon sauce over waffles; top with strawberries. (makes 4 servings, Sunrise Starters page 34)

Prep time: 10 min

fun food for Healthy Kid's Cook Book

### Dial-A-Story

This convenient service, sponsored by The Friends of the Aurora Public Library, offers entertaining children's stories over the phone. Stories change weekly, and you can check the Dial-A-Story schedule below to see what's next. Call 303-343-4519 to start listening to great stories!

- Week of Sept. 2-Sept. 8 **The Country Cat**
- Week of Sept. 9-Sept. 15 **The Frau Halle**
- Week of Sept. 16-Sept. 22 **Mr. & Mrs. Vinegar**
- Week of Sept. 23-Sept. 29 **Wylie**
- Week of Sept. 30-Oct. 6 **Caterpillar and the Three Animals**

#### Story Times

Central Library Storytimes 303-739-6600

14949 E Alameda Pkwy. Aurora 80012

**Tuesdays** at 10 am (ages 3-7)

**Thursdays** at 10 am (ages 22 mo - 3 yrs)

**Saturdays** (1<sup>st</sup> & 3<sup>rd</sup>) at 10 am (all ages)

For other story time locations visit [www.auroralibrary.org](http://www.auroralibrary.org)